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Sapientia International Courses
Liberal Arts Education (Summer 2022)

Liberal arts education is the foundation of European and American university education and the fundamental difference between higher education and vocational education. Liberal arts education aims to provide the educated with the knowledge and values that prevail in a diverse social life. Liberal arts education covers all aspects of human knowledge. It is the integration of philosophy, humanities and history, mathematical skills, scientific literacy, artistic aesthetics, and language skills. It is the fundamental basis for educating talents. The Sapientia International Liberal Arts Education Course empowers students to use broad knowledge to tap wisdom and insight into the world with in-depth thinking; to experience and adapt to the world's top university classrooms in advance with a more complete knowledge reservoir, to cooperate and compete with local the students.



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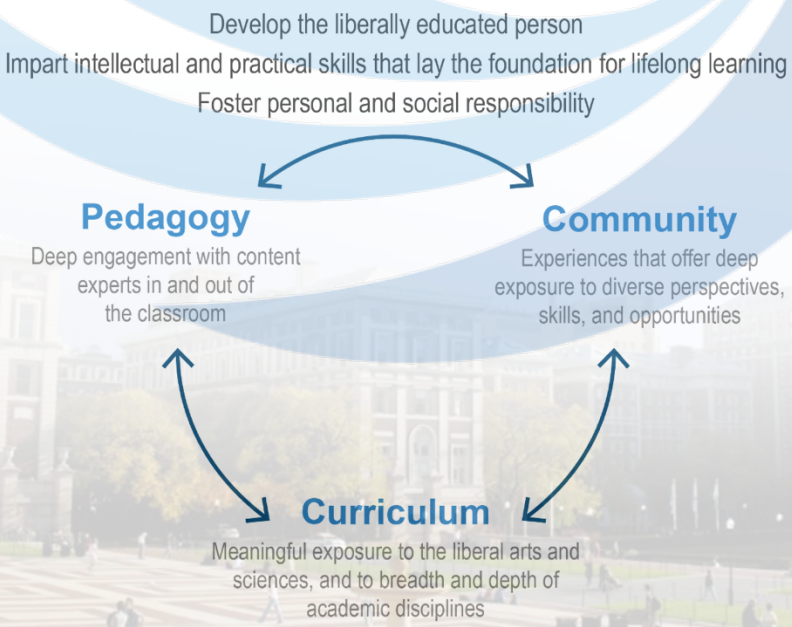
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Sapientia International Liberal Arts Education (Summer 2022)

What is Liberal Arts Education?

Liberal arts education is the foundation of European and American university education and the fundamental difference between higher education and vocational education. General education aims to provide the educated with the knowledge and values that prevail in a diverse society. As the name suggests, Liberal arts education covers all aspects of human knowledge. It is the integration of philosophy, humanities and history, mathematical skills, scientific literacy, artistic aesthetics, and language skills. It is the fundamental basis for cultivating versatile talents. Therefore, in the education system of top universities in Europe and America, freshmen in the first and second years do not need to choose a major before entering the school, but after completing the liberal arts education, they then can decide the major according to their own interests.

The Concept of Liberal Arts Education and Talents Education



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Program Introduction

Sapientia International will launch liberal arts education online courses in 2022 to help high school students who are going to study for a bachelor degree abroad to experience and adapt to university classrooms in advance, and to better cooperate and compete with local students with a more complete knowledge reserve and solid academic skills. Sapientia International adheres to the concept of "world-class university education". The professor team teaches at Harvard University, Yale University, Massachusetts Institute of Technology, Columbia University, New York University and other well-known academic institutes. Sapientia International will equip each class with experienced teaching assistants to ensure high-quality teaching. We believe that with the guidance and help of our teachers and teaching assistants, students will be able to master the professional knowledge more quickly and lay a solid foundation for further studies. The students will focus on the subjects below in six weeks:

- Humanities-Literature and Philosophy
- "Humanities-Art and History
- Mathematics and Science
- Basic of Economics
- Academic English Writing

These are five core modules of liberal arts education in prestigious overseas schools, and students can further exercise critical thinking and language skills through the study of these subjects. To make students better collide and exchange ideas and learn from each other, we arrange students from China and students from the United States in the same classroom, so that the language and thinking advantages of local students can better promote each other with the mathematical abilities of Chinese students to make progress together. In addition, each teaching class will be equipped with teaching assistants from famous school students to follow up the students' learning progress and tutor students' homework to ensure that their questions are answered in a timely manner. At the end of the program, we will carry out an assessment test for the teaching content and give a detailed assessment report based on the students' test results. Those who pass the assessment will receive a recommendation letter from the teaching professor.

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Our Advantages

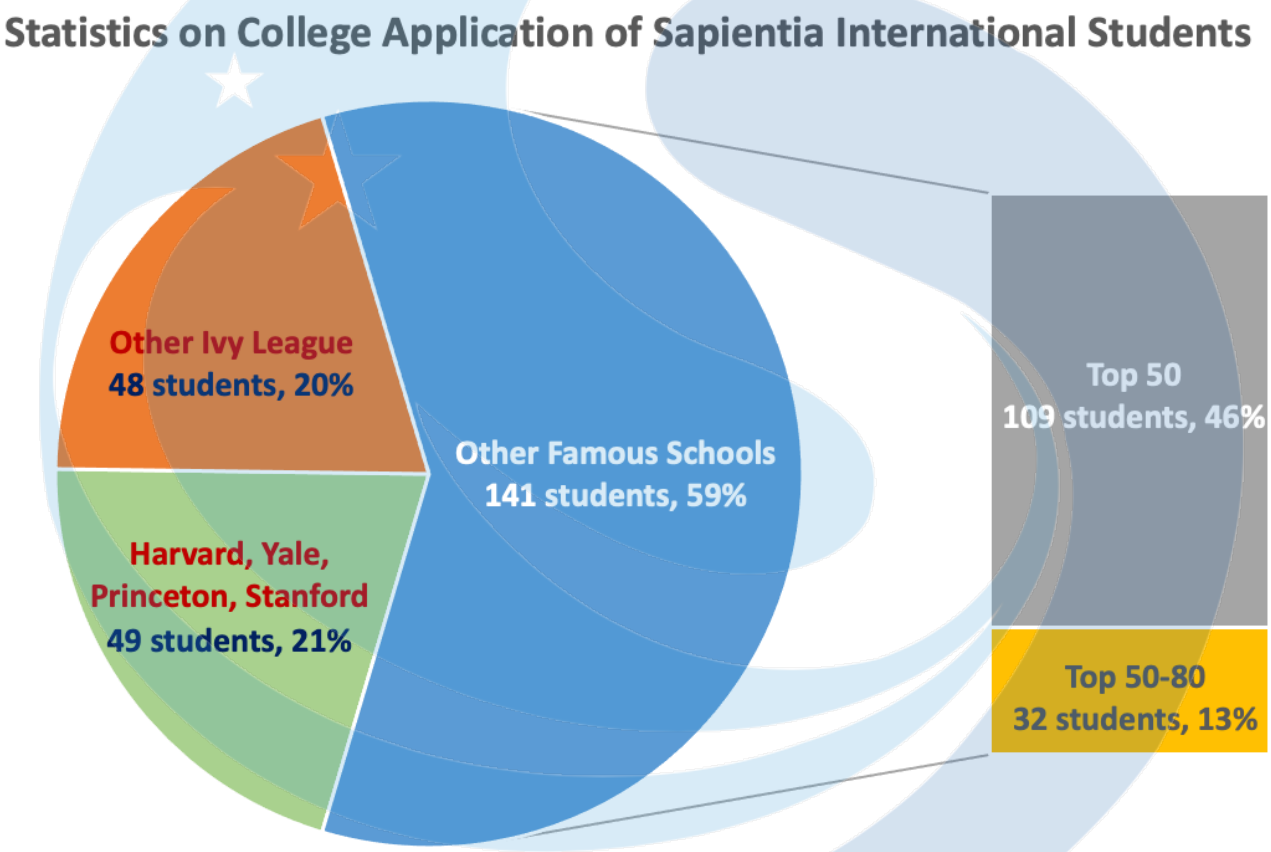
1、The world's top faculty and small class size

In order to ensure the quality of teaching and maximize the gains of students, we adopt a small-class teaching model, and the number of students in each class is limited to twelve to fifteen people. Sapientia International adheres to the concept of "world's super-first-class university education". The professors are all front-line faculty from Harvard University, Yale University, Massachusetts Institute of Technology, Columbia University, New York University and other well-known academic institutes.

2、The industry's leading education achievements

In the past three years, a total of 238 Chinese and American students have successfully completed the program. Most of the students participating in the program have also joined the our other background improvement program. Under the customized planning of professional teachers, they have systematically studied targeted curriculum and learnt practical research tasks, making sufficient preparations to enter world-renowned schools . Among them, 49 students entered Harvard University, Yale University, Princeton University, and Stanford University. As many as 97 students entered the top 20 schools such as Ivy League schools. All students entered the top 80 schools. What makes us more gratified than the situation of entering a higher school is the student's academic performance after entering the prestigious school. They all got A in the liberal arts education courses, and as many as 20% of the students achieved A+ in the same category of subjects. In the American university system, especially in general education in the field of humanities, it is very difficult to obtain an A+

score, and only 1-3% of students can get this score. Although the core purpose of our general education courses is not to take exams, with the joint efforts of teachers and students, the students truly master the core knowledge points of general education and the direction of extended exploration, allowing the knowledge to be used and understood flexibly and vividly. So that, getting a good school score is not a surprise.





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Liberal Arts Subjects and Courses

2.1 Humanities-Literature and Philosophy

The teaching of humanities, especially literature and philosophy, is the top priority of the European and American general education system. Especially during the freshman and sophomore years, the humanities and sciences have many credits and the academic burden is heavy. Therefore, it is also an important weight subject for calculating the grade point (GPA). The university not only teaches students an important survival skill, but also takes on the important task of cultivating students' humanistic qualities, broadening their horizons and learning, and self-education. The study of literature and philosophy is the foundation of all liberal arts professional education, and it also guides scientific research in science, engineering, and other related professional fields. The teaching content of literature and philosophy is wide-ranging and the topic of discussion is deep. The teaching content involves Western classic literature and philosophical theories. It is a challenge for freshmen who have just entered university, especially for Chinese students who received high school education in China. Sapientia International cooperates with teachers of related subjects at the front line of teaching in prestigious schools. According to the general situation of our students, we have compiled tutorial best for the current knowledge reservoir of the students. In a very short period of time, we will lead the students on the right track of learning humanities. The knowledge and difficulties in this book will enlighten the students to think critically about important theories and ideas, and help them to be outstanding in the school assignments.



2.2 Humanities-Art and History

Compared with literature and philosophy, the study of art and history pays more attention to the cultivation of students' aesthetic thinking. Aesthetics is called a "learning for oneself" subject, and it is an important prerequisite foundation for the combination of culture and knowledge. The art and history education of prestigious universities in Europe and the United States covers a wide range of areas, from art works to music theory, and the study and research of art are often closely integrated with historical facts and the evolution of thoughts. In recent years, China has gradually pay attention to the humanities, especially the cultivation of artistic aesthetics consciousness in high school and higher education. Different from the traditional Chinese aesthetic ideology, the arts and history humanities education in Europe and the United States covers a wider range and more subdivided research fields, which is an important challenge for the learning tasks of the lower grades of universities. In order to allow students to feel the charm of cultural education in advance, and prepare for the upcoming art and history courses, our teachers, who are active in the teaching frontline, will select important knowledge content and cultivate students' aesthetic thinking, which helps students make substantial overall progress in the college years.

2.3 Mathematics and Science

There is no doubt that STEM (science, technology, engineering, and mathematics education) has received more and more attention in recent years, and the United States' emphasis on STEM education has risen to the height of national strategy. In 2011, the then-U.S. President Barack Obama launched a new version of the "American Innovation Strategy", which specifically emphasized the need to strengthen STEM education. STEM is the strength of Chinese international students. Chinese students studying in Europe and the United States for postgraduate degrees often come from STEM professional backgrounds. But for undergraduate students, a good foundation in science and engineering does not necessarily guarantee excellent STEM results. In fact, in the general education system, STEM is divided into two disciplines: basic knowledge education and frontier research in science and technology. Especially in the frontiers of sciences section, students will directly read the latest

science and engineering academic papers of top journals under the guidance of instructors, and are asked for comments and academic reports presentation (Journal Club). After entering the upper grades, students who choose science and engineering majors must also take experimental courses and participate in the scientific experimental research being conducted by the instructors. Chinese international students excel in the basic knowledge of mathematics and science, but often have certain deficiencies in scientific research reviews, academic discussions and presentations. Therefore, based on years of teaching experience and feedback from current students, we have formulated mathematics and science education that meets the needs of prospective college students. Through a series of scientific literacy trainings such as related publication study and scientific research critical thinking training, we will further consolidate the basic knowledge of students at the same time, allowing students to learn about the latest achievements in mathematics and scientific research, fully enlighten the spirit of scientific inquiry, tap the potential of scientific research, and truly transform their scientific foundation into the promotion and progress of scientific research strength.

2.4 Fundamentals of Economics

According to statistics, 70% of Harvard University graduates submitted their resumes to Wall Street. Related financial institutions and consulting institutions also prefer graduates from prestigious schools. Economic and financial jobs are known for their high salary and high returns, and are increasingly favored by Chinese students. Economics is not a single simple subject, but an intersecting practical science that combines many theoretical models with reality. The entry threshold of economics is shallow but learning the subject well and developing a correct understanding of the subject requires professional and systematic learning. Sapientia International will outline the guidelines, tell the students the framework of economics, and help students establish a cognitive system of economics. In this process, common economic research skills such as related social insight, cognitive cognition, simulation modeling, analysis and dissection, and hypothesis modification will also be taught to students in a certain order to help students be impartial, making them study economics from the correct starting point, and take the correct first step for possible related professional study and employment in the future.

2.5 Academic English Writing

For the international students abroad, the biggest challenge is still the lack of academic English ability. American colleges and universities place special emphasis on the expression of ideas and the discourse of opinions, which undoubtedly puts forward higher requirements for academic English proficiency. Academic English has established norms in terms of syntax, vocabulary, expression, logical progression, etc. It is difficult to master these language skills through preparation for standardized tests. In fact, American students also need to take academic English courses at the undergraduate level. For example, although we can use our mother tongue flexibly in our daily lives, we may not be able to write high-scoring essays in a short period of time. Sapientia International is well aware of the pain points of international students and adopts the latest immersive teaching mode to help students master the language skills in a short time. Sapientia International's coaching teachers are all from the frontline of academic English teaching in top universities in the United States. Based on their years of teaching experience, combined with the textbooks and handouts currently in use, they can provide more targeted guidance to students of different backgrounds.



Assessment and Evaluation

In order to ensure the quality of teaching, we will conduct a comprehensive assessment of the students at the end of the project. Sapientia International opposes equating exam-taking with education, and only uses exams as one of the methods to truly reflect students' knowledge, thinking, and academic ability. Therefore, our relevant assessment tests do not require students to memorize by rote but pay attention to students' understanding of knowledge by analogy. The test questions will be uniformly set by teachers from famous schools, aiming to assess the integrity of the students' knowledge system and the flexible use of scientific research extension capabilities. The content and format of the test will also be compared to the real exam questions of prestigious schools. Students can use Sapientia International's assessment as a practical exercise of learning in prestigious schools, and understand the logical way of education in prestigious schools. After the assessment test, our team will modularize the analysis one by one according to the assessment results, and will give a detailed assessment report based on the students' learning situation. Students who pass the assessment will get a letter of recommendation from the course teaching professor.

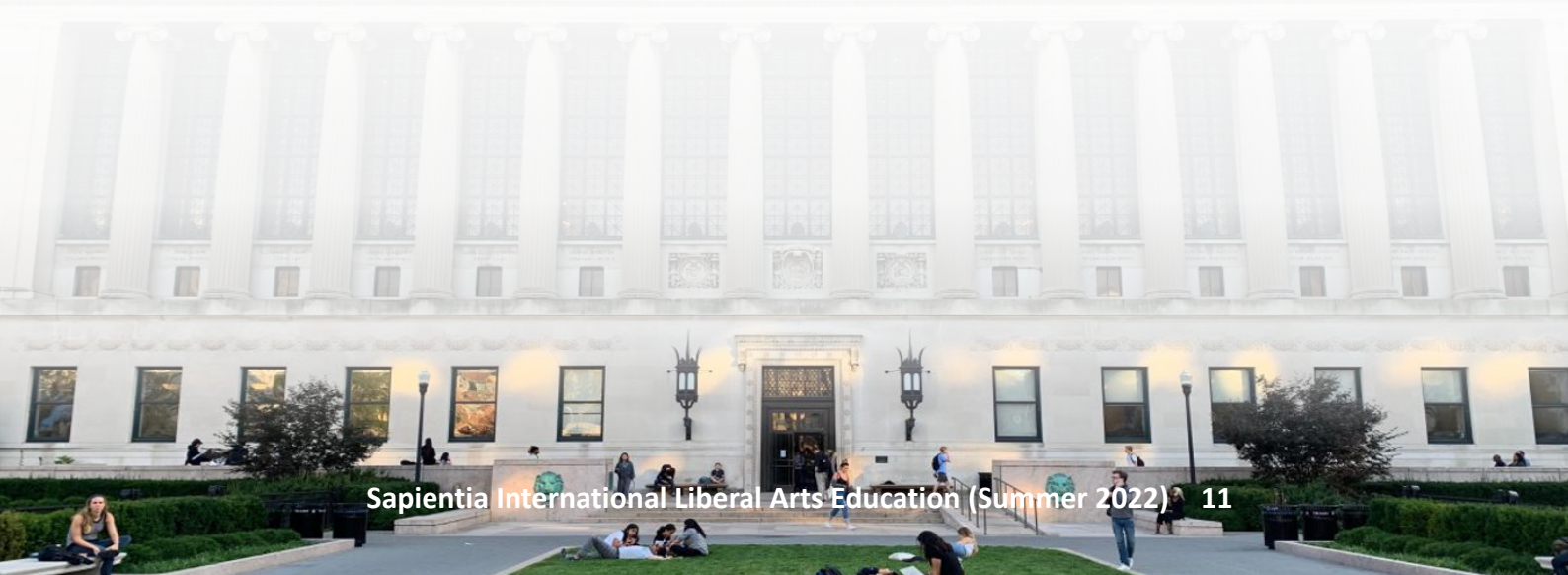


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Liberal arts education weekly course schedule (6 weeks in summer)

Liberal arts education weekly course schedule (Online 6 weeks in summer)			
Date	AM Frist class：09:00 – 10:50 Second class：11:00 – 12:50	PM Class：19:00 – 21:00	Evening (19:30 – 21:30)
M	Literature and Philosophy Mathematics and Science	Academic English Writing	Self-study, Tutoring, Q&A①
Tue	Fundamentals of Economics Art and History	Academic English Writing P.E. ⑥	Fun Knowledge contest② Self-study, Tutoring, Q&A
W	Art and History Mathematics and Science	Literature and Philosophy P.E.	Critical thinking training ③ Self-study, Tutoring, Q&A
Thu	Mathematics and Science Fundamentals of Economics	Art and History	Journal Club④ (Seminar & Workshop)
F	Literature and Philosophy Art and History	Academic English Writing Intro (next week's study)	Industrial/professional lect.⑤
Sat	Outing and visiting ⑦		
Sun	Free Time	Special P.E. ⑥	Self-Study
Note	* This teaching arrangement and planning may be adjusted appropriately according to students' study progress. ① The students will make full use of the evening self-study time, to complete homework, complete the preparation and writing of classroom presentations and personal essays. The teaching assistant will answer questions for the students and give a second explanation of the difficult knowledge points. Part of the knowledge content will be based on the students' learning and mastery, according to the requirements and suggestions of the instructor for group study (Recitation). In the evening self-study time, students can also complete group assignments and group discussions in groups according to their learning progress. ② Sapientia International will carry out rich and interesting extracurricular activities related to the learning curriculum, such as fun knowledge contests. ③ We will introduce methods such as case teaching, consulting and		

analysis, to exercise the students' critical thinking, and cultivate their academic skills in insight, discovery, analysis, and problem-solving. ④ The teaching team of Sapientia International will select 5-6 cutting-edge or representative papers related to the teaching content. Students will use about one week of reading time to understand and understand a paper thoroughly every week, and carry out reading reports under the guide of the teaching assistant, dig in-depth academic information and knowledge points, and conduct reasonable academic evaluation and extended thinking on the content of the paper. ⑤ Sapientia International will invite senior managers from world-renowned institutions and companies, including McKinsey Consulting, Goldman Sachs, Google, etc., as well as successful entrepreneurs, prestigious school admissions interview teachers, seniors of prestigious schools, etc., to give special lectures to students. The content involves topics such as application and planning for college application, the status quo and development of popular industries, and employment trends. ⑥ Students will have around 2 hours physical activities under the lead of our teaching team. ⑦ Organized by the Sapiential International teaching team, the students will conduct a unified off-campus visit, including but are not limited to: visiting museums, visiting art exhibitions, watching Broadway musicals, watching sports events, etc. The specific itinerary will depend on the summer camp location and the opening hours of the visiting project.





Physical Education and Social Education

A good health is an important prerequisite for adapting to the high-intensity school life. In the face of heavy schoolwork pressure, the concept of exercising while squeezing time has rooted into the hearts of the students at prestigious schools. In fact, the gymnasiums of prestigious schools are well-equipped, and the equipment and facilities are not inferior to or even surpassing professional gyms. Columbia University, located in Manhattan, has established a complete five-story gymnasium on the campus, and scientifically and rationally divides different fitness venues, including trails, basketball courts, yoga halls, fencing halls, judo halls, swimming pools, etc., to ensure that students can exercise unimpededly and train competitive sports skills. To meet the high requirements of sports such as rugby, baseball, and tennis, Columbia University has invested 12 million US dollars to build a professional stadium outside the campus, covering an area of more than 61 acres. In fact, physical exercise is not only a means for students from prestigious schools to maintain their health. Physical activity, with its irreplaceable social attributes, is also a magic weapon to maintain campus social interaction and the spirit of the alma mater. The annual recruiting season of student clubs, sports clubs registration and participation can be very popular. Physical exercise is an important weapon to stimulate fighting spirit and temper personal qualities. In major sports events such as the Olympics, many medal winners of the US delegation come from college students, and the annual National Sports Tour is a carnival for students. Outside the campus, sports culture also runs through the daily life of American society and is the basic medium for local people to socialize. Sapientia International is committed to the comprehensive development of the students' comprehensive quality, embedding physical education courses while studying in school. Special physical education classes are set up according to the differences of the students' gender, physical fitness, specialty, and hobbies. In addition to traditional American sports such as basketball, rugby, and baseball, students will also have the opportunity to experience yoga, Zumba, lacrosse, tennis and other sports activities. Outside the campus, Sapientia International also regards social networking as an important platform for comprehensive quality improvement. Apart from school work on weekends, we will organize students to visit museums and important historical and cultural relics; watch musicals, concerts, sports events; watch art exhibitions and other activities。





Safety and Itinerary

Sapientia International puts the safety of students in the most important position. We will conduct strict pre-departure safety training for students to ensure that they have a more comprehensive understanding of local social security and other aspects. The team of Sapientia International will prepare commonly used drugs for the students and accompany the progress of the entire project. In the event of a student's illness or any health emergencies, our team members will accompany them to see a doctor as soon as possible. We will put safety at the top of the entire summer camp program in the United States, scientifically and rationally arrange the food, clothing, housing, and transportation of the students and provide advice on booking tickets. We will give priority to school dormitories, international student apartments, and qualified family dormitories as the students' first accommodation option to ensure the safety and stability of the accommodation area. In case of outings and visits, we will act in a unified manner under the leadership of the teaching team. According to the geographical location and conditions of the visiting place, we will choose the best travel plan such as public transportation or chartered bus to eliminate the worries of students and parents.

